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Unit Leaders Guide to Weekend Camping

Alpine Scout Camp

441 Route 9W
Alpine, NJ 07620
www.alpinescoutcamp.org

201-768-1910



Greater New York Councils
Boy Scouts of America
350 Fifth Avenue
New York, NY 10118
212-242-1100
www.bsa-gnyc.org

Camp Leadership Policy

Every unit staying in camp must be under the supervision of at least two adult leaders. Two registered adult leaders or one registered leader and a parent of a participant, one of whom must be 21 years of age or older, are required on all trips and outings. Leadership for the Scouts is provided by a unit leader, who is 21 years of age or older and one or more unit leaders who are 18 years old or older. The second adult may be a registered leader or the parent of a participating member. A 1:10 ratio of leader to Scout should be maintained as a minimum at camp.

Every effort should be made to bring the registered unit leaders. However, if the unit's registered leader is unable to attend, unit committee members may act as the unit leader. The chartered institution must approve all camp leadership.

In 1988, The National Executive Board revised the rules and regulations of the Boy Scouts of America removing gender restrictions on all adult Scouting positions. Consistent with this policy, Scout camps accommodate units led by women and men by providing separate housing (tent, lean-to, cabin or area of a cabin) for female leaders.

The Role of the Unit Leader at Camp

Under the troop system of camping, you, the unit leader is in charge of your unit at all times. The majority of the instruction, organization and discipline of your unit is up to you. You are expected to be a role model for your Scouts, providing social and moral leadership examples and a wholesome camp program for youth. A unit leader should have no other duties that would detract from the responsibility of service as a leader.

The staff at Alpine respects the importance of your role. We are here to assist you in accomplishing your goals. Please do not hesitate to ask for assistance from any of the Alpine staff.



Summer Camp Programs

Camp Keowa is located on our largest lake, Crystal Lake. Keowa provides a dining hall feeding program. Two-man tent sites and some lean-to sites are available.

Camp Ranachqua is located on Lake Nianque. Ranachqua provides cafeteria style dining. Two-man tent sites are available.

Family Camp is located on Lake Nianque. Family camp provides Scouting families a place to get away. Twenty cabins are available for weekly rental.

John E. Reeves Cub World at Alpine is located at the Alpine Scout Camp. This is our Cub Scout resident camp. Cub World provides two-man wall tents on platforms with bunks and mattresses. Program features include a pool, fort, land ship, mineshaft, ecology center, archery range, fitness trail, handicraft area, field sports, and miniature golf. Food service is provided family style in the dining hall.

Clip-In & climb to new heights
Gary I. Laermer Activity Center at
Alpine Scout Camp
Indoor climbing wall & outdoor climbing &
rappelling tower
For reservations or more information call
201-768-4997



Other Weekend Camps/Summer Camps

Contents of this Guide

Weekend Camping

Camp Pouch

Camp Pouch is a 132-acre camp located in Staten Island, NY. Seven unit cabins, 16 lean-to sites and 13 tent sites are available for your use. Beautiful Lake Ohrbach is available for fishing. Several programs are offered by the Pouch Campmaster Corps including archery, merit badge programs, fishing instruction and nature hikes.

Ten Mile River Scout Camps

The Ten Mile River Scout Camps is a 12,500-acre Reservation located in Sullivan County, NY. Ten Mile River has three unit cabins, 10 Lean-to sites and 10+ tent sites available for your use. The unit cabins are 20 person cabins containing bunks with mattresses, full kitchen, bathrooms with showers and tables/chairs. Many campsites are located along the Delaware River. We offer a discounted canoe rental through Landers River Trips. Family cabins are also available; two bedroom cabins with bath, kitchen and living area are available to Scouting families for a get away weekend.

Summer Programs

Ten Mile River Scout Camps

The Ten Mile River Scout Camps operates four Boy Scout Summer Camps and a Family Camp.

The *High Adventure* opportunities at Ten Mile River are endless. Ten Mile River offers a COPE course, three climbing towers, rappelling and rock climbing at Indian Cliffs, a mountain biking program with over 100 bikes on the reservation, white water canoeing on the Delaware River, water skiing on Crystal Lake and backpacking the 35 mile long red dot trail (fifty miler award available).

Camp Aquehonga is a patrol cooking camp located on Half Moon Lake. Sites have two-man tents on platforms. A pool is provided for swimming

Camp Kunatah is located on Rock Lake. Kunatah has primarily lean-to sites, with dining hall foodservice (Kosher food service weeks 1 – 3).

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Check-In & Office Hours

Check-In:

All units and persons entering the camp must check-in at the Visitor's Center located at the entrance of the camp. When you check-in please have your hold-a-place reservation with you. The Alpine staff will collect any site fees that are outstanding. A roster is required before entering camp, a blank roster was provided with your hold-a-place reservation confirmation (they are also available at camp). Units using a cabin will be expected to leave a \$50 refundable cash damage deposit (payable at the camp office only). Unit leaders will be provided a key (cabin users), a map and detailed directions to your site. If you have any individuals needing assistance or have heavy equipment, please ask for assistance at check-in, a Ranger will be happy to assist you.

Fees due at camp can be paid by cash, check or credit card (MasterCard, Visa or American Express). Please make checks out to Greater New York Councils, BSA, you will be provided a receipt for all payments or deposits.

Cabin Users:

Gas Readings: A fee of \$.75 per pound is charged for gas use in the cabins. Gas readings are taken by the Rangers prior to your arrival and will be provided to you at check-in. Please verify the gas reading when you arrive at your cabin. A reading will be taken upon your departure from the cabin.

Safety Equipment: All cabins have smoke detectors and carbon monoxide detectors for your protection. Tampering with these devices is a criminal offence. Fire extinguishers are provided in a break-glass cabinet in each cabin. Please make note of its location as you enter the cabin.

Cleaning Equipment: Each cabin is provided a broom, mop, dustpan and garbage can for your use.

Visitor's Center & Trading Post Hours

Friday	6pm – 10pm
Saturday	8am – 6pm
Sunday	8am – 3pm

Please call the camp if you will be arriving before or after the office hours listed above. Arrangements will be made to accommodate your arrival.

Camp Emergency Plans

Serious Accident or Injury

If a serious accident or injury occurs in camp, immediately notify the Visitor's Center. A Ranger will respond immediately, the Ranger will contact local police, fire and ambulance as needed. If the injury is a minor one, the unit leader will be asked to provide an adult to drive the injured Scout to Pascack Valley Hospital for treatment. Pascack Valley Hospital has agreed to accept Scouts from the Alpine Scout Camp for treatment. Directions are available at the Visitor's Center. All GNYC units are provided Campers Accident and Sickness insurance. This insurance provides primary coverage for medical expenses due to accidents, and for accidental death and/or dismemberment while at camp. Out-of-council units must have their Campers Accident and Sickness Insurance information readily available when hospital/physician services are required.

Lost Person

If you suspect that a person in your unit may be lost, notify the Visitor's Center immediately. Rangers will conduct a search of the camp and surrounding areas. Local authorities will be notified by the Ranger when deemed appropriate.

Fire

In case of fire your first concern must be to insure you and your scouts are safe! Immediately notify a Campmaster or the Visitor's Center. Rangers, which are trained in firefighting, will respond to the fire; local authorities will be called in as deemed appropriate by the Ranger. ***Under no circumstances should Scouts be used to fight fires!***

Severe Storms

In the event of severe storms (high winds, hail, lightning, etc.) or predictions of severe storms, Rangers may curtail the use of tent or lean-to sites. Appropriate housing will be identified by the Ranger.

The camp phone is manned 24 hours a day during the weekends

Alpine Scout Camp Emergency Phone Numbers	
Camp Office	201-768-1910
Reeves Lodge	201-768-9891
Fire, Police, Ambulance	911

Camp Rules

Please share these simple rules with your Scouts at the beginning of your stay. These rules are designed to keep you and your Scouts safe.

- Park and unload cars in designated parking areas only.
- Use only the facilities assigned to your unit.
- Check your site upon arrival, report any damage to the Ranger or Campmaster immediately.
- Report any injuries or accidents at the Visitor's Center
- Do not climb on lean-to roofs or climb through the windows of cabins.
- Build campfires in established fire rings, keep it small and never leave fires unattended.
- The use of liquid fuels (gasoline, kerosene, white gas, liquid fire starter, etc) are prohibited. Propane and butane appliances are permitted.
- Do not ditch tents or dig holes for any purpose.
- Do not wash dishes or bathe at water spigots.
- Do not cut or injure any standing (dead or alive) trees or shrubs. If you are looking to cut a tree, please contact a Ranger, he will be happy to show you a tree that needs to be taken down in a safe area.
- Use only permanent latrines or comfort stations located throughout the camp.
- Drugs and/or alcoholic beverages of any type are prohibited on all Boy Scout properties.
- Pets are not permitted in camp.
- Do not scare, trap, abuse or kill any wildlife.
- The following items are prohibited in camp; firearms, bows, arrows, chainsaws, fireworks, BB guns, slingshots, sheath knives.
- An 11pm in-site curfew has been established; please insure that your Scouts are in your site and are quiet.

It is expected that you will insure that your Scouts will abide by these rules.

Check-Out

Check-Out:

When you are ready to Checkout, please contact your area Campmaster or the Visitor's Center. A member of the camp staff will inspect your site to insure that it is left in good condition for the next unit to use.

The following items should be completed:

- Area should be clean, papers or debris in or around site discarded
- Latrine should be cleaned
- Courtesy woodpile built by fire ring or outside cabin
- All gas appliances shut off (heater, lamps & stove)*
- Windows and doors closed and locked*
- Kitchen should be cleaned*

* *Cabins only*

When a Campmaster or a Ranger has checked out your site, you will be provided a completed Checkout form. You will need to turn this into the Visitor's Center.

All units should plan on departing camp by 4pm. Please contact the Ranger in the Visitor's Center to arrange for an extra day's stay or a late departure.

Courtesy Wood Pile: The third point of the Scout law is: "a Scout is helpful." We request that you leave a stack of wood in your site. There should be enough wood to build a fire for one evening.

Maintenance Items: Please report any repairs that need to be made to the Ranger at the Visitor's Center.

Carts: A limited number of carts are available at the Visitor's Center for your use in moving equipment to and from your site. Please be courteous and return carts as soon as possible so other units may use them.

**ATTENTION ALL CUB
SCOUT FAMILIES**

Cub Scout Family Fun Weekends at Cub World
A great experience for the whole family
June 3 & 4 or 10 & 11 or 17 & 18, 2006
For more information, please visit our website
alpinescoutcamp.org or call 201-768-1910

Gas Appliances/Stoves & Lamps

Camp Services

Gas Appliances: All cabins in Alpine have gas stoves and heaters. Cabins that do not have electric service have built in gas lanterns. **For safety purposes only adults should light or operate gas appliances.** Please follow these operating instructions carefully. Please feel free to contact the Visitor's Center if you need assistance with any gas appliance.

Please immediately report the smell of gas or problems with any gas appliance to the Ranger in the Visitor's Center.

Stoves: The stoves in Alpine do not have pilot lights and will require the use of a match to light the burner each time you use it.

To light a burner, light a match, hold the match to the side of the burner, and then turn the gas knob to high. When the burner lights, turn to the desired level. To turn the burner off, turn knob to the "Off" position.

Gas lamps: All cabins that do not have electric service will be equipped with built-in gas lamps. These gas lamps require a mantle designed for use with this type of lamp. Use of standard lantern mantles will result in damage to the globe. Cabin mantles are available in the trading post.

The gas valve is located on the top left side of the lamp. To light the lamp, hold a lit match under the mantle and push the handle of the gas valve in slightly and turn up slowly. The lamp will light.

To shut the lamp off, push the gas valve handle in slightly and turn handle down until it locks in the "Off" position.

To install a new mantle, make sure the lamp is off and cool. Remove glass globe by squeezing clips on the front of the globe; remove any parts of the old mantle remaining on the lamp. Tie the new mantle onto the lamp. Cut off any extra string. With the gas valve off, light the new mantle with a match, let the mantle burn and smolder until out. ***Do not touch the mantle after you have burned it off, it will break if touched.*** Replace the globe and follow lighting instructions above.

Gas Heaters: There are two types of cabin heaters in Alpine: non-electric cabins have "standing pilot" heaters; cabins that have electric have electronic ignition heaters. Identify the type of heater you have and follow the following directions.

Electronic Ignition Heaters: You will need to locate two items within the cabin to operate this heating system (both are well marked): the thermostat and a red switch marked "emergency shut off". Locate the emergency shut off switch, turn to the "On" position, locate the thermostat and set to desired temp.

Water

Frost-free water spigots are provided in all areas of camp. Potable well water at Alpine is chlorinated to insure quality drinking water. Copies of potable water samples are posted in the Visitor's Center.

Campmasters

What is the Campmaster Corps? The Campmaster Corps is a group of trained Scout leaders who volunteer to serve at our council camps. Campmasters serve at least three weekends a year, most on a monthly basis. All Campmasters have a record of demonstrating the ability to get along with people, to provide effective leadership, to act responsibly in an emergency and to show an interest in Scout Camping. The Campmasters are here to support your unit.

If you have interest in becoming a Campmaster, please speak with one of the Rangers. He will provide you with a Campmaster application and answer any questions you may have. You may e-mail questions to the Campmaster Coordinator at Alpinecampmaster@aol.com.

Travel directions to the Alpine Scout Camp

From New York City: Cross over the upper level of the George Washington Bridge into New Jersey, take the first exit after the Bridge: Palisades Interstate Parkway (north). Take to exit 2, follow the exit ramp around to a traffic light, make a right hand turn onto Route 9W (north), the camp entrance will be 1 ½ mile on left, the entrance is well marked.

From Upstate New York & New England: Take major highways (I-87, I-84, Rt. 17) to the Palisades Parkway South. Take the Palisades Parkway to exit 3, at end of ramp cross over Route 9W into camp.

From New Jersey & Pennsylvania: Take major highways (I-95, I-80, NJ Turnpike, Route 4, Route 46) to the Palisades Parkway (north) follow directions from New York City.

By Bus: From the 42nd or 178th Street Port Authority bus station, take Red & Tan #9A bus; tell the driver you will be getting off at the Alpine Scout Camp. Before boarding the bus back, make sure you ask the driver if the bus is going to 42nd street or 178th street bus terminal. Please contact Red & Tan for schedules. Red & Tan can be reached at 201-384-2400 or online at www.redandtanline.com

Camp Services

Trading Post

A fully stocked trading post is located in the Visitor's Center. The Trading Post stocks a full line of camping supplies, BSA supplies, souvenir items (patches, pins, tee-shirts, mugs), snack items (candy, soda, ice cream, coffee, hot chocolate, etc). Mail order service is available on all Trading Post items. Call the Visitor's Center for more information.

Equipment Loan

A limited supply of camping equipment (tents, cook kits, saws, water jugs, propane stoves, etc) is available for units to use while tenting at Alpine. Advance reservations are required; call the Visitor's Center at 201-768-1910.

If you find you forgot a piece of equipment, please stop by the Visitor's Center, the Rangers will try their best to locate the equipment you need.

Food Service

Food service is available to groups utilizing Reeves Lodge and other cabin facilities. Blue & Gold dinners, annual banquets, etc can also be held at Alpine. Please contact the Sr. Ranger at the Alpine Visitor's Center for more information.

Garbage

Dumpsters are available in all areas for your unit's garbage. Please refer to the camp map for locations. Please make sure to close the lids on the dumpsters.

Recycling

Last year the Alpine Scout Camp recycled over 40 tons of products. We recycle cardboard, cans, aluminum, plastic, newspaper and office paper at camp. Brown recycling containers are available throughout camp for soda cans, plastic and glass bottles. Please leave cardboard and newspaper next to dumpsters; it will be transported to the recycling center.

Wi-Fi

Wi-Fi access is available at the Welcome Center for Unit Leaders requiring high speed internet access while staying at Alpine.

Gas Appliances/ Heaters

To shut off the electronic ignition heaters, turn red emergency switch to "Off."

Standing Pilot Heaters: These heating units will require you to light the pilot before the heater will operate. All heaters are equipped with safety devices that will not allow the gas to flow to the main burner if the pilot is not lit.

The control units are located behind a door at the bottom of the heater. The control units will have two knobs on them, one a thermostat and the second a gas valve. The thermostat will be marked low – med – high or 1 – 9. The gas valve will be marked off – pilot – on.

To light the pilot, locate the pilot burner by following a small silver gas line, which comes off the side of the gas control, the pilot burner is located at the end of this silver line. Turn the gas valve to the pilot position, light a match, hold the lit match under the pilot burner, push down on the gas valve handle, the pilot will light, continue to hold the gas valve handle down for 30 – 60 seconds, let off the gas valve handle, the pilot should stay lit. If the pilot does not stay lit start over, hold the gas valve handle down longer (if it does not stay lit after three tries – notify the Ranger in the Visitor's Center, a Ranger will assist you in lighting the pilot).

To turn the heat on, make sure the pilot is lit. Turn the gas valve handle to the "On" position. Set the thermostat knob to 5 or med. Once the cabin reaches the desired temperature, adjust the thermostat knob up or down, as needed.

To turn heat off, turn gas valve handle to pilot. This will leave the pilot burner on, enabling you to turn the heater on quickly without re-lighting the pilot.

To shut down heater, turn gas valve handle to pilot position, depress slightly, and turn to "Off" position. When checking out of cabin, heaters should be left in this position.

Please do not attempt to repair or alter any gas appliances. If you have any problems, please contact your Campmaster or report problem to a Ranger at the Visitor's Center. Any gas problems will be dealt with immediately.

Note: When using the gas appliances, you will be responsible to pay for gas used during your stay. Please use the thermostats on the heaters, reduce them to a comfortable level. We recommend you turn your heaters down or off during the day to help minimize the gas usage. Please feel free to ask a Ranger for additional gas saving ideas.

Programs In Camp

Gary I. Laermer Activity & Climbing Center

The Activity Center offers an indoor climbing wall and outdoor climbing/rappelling tower. The center is staffed all weekend for climbing, a minimal fee is charged. Basketball courts and table games are also available.

Archery Range

The archery range located by the Fort, is open each Saturday, weather permitting. The Alpine Campmaster Corps provides trained supervision to operate the range. All equipment is provided, so please leave your equipment home; only camp equipment may be used. Please check in the Visitor's Center to verify times.

Swimming

The Cub World pool will be open for your units use during June. The pool will be staffed with a BSA Aquatics Director and qualified Lifeguards. A fee of \$2.00 per person is charged. Anyone planning on swimming must bring a current BSA medical form and take a swim test.

Basketball

Three basketball courts are available for your use. They are located behind the Gary I. Laermer Activity Center. Basketballs may be signed out at the Activity Center.

Orienteering Courses

Orienteering trails have been developed for your unit's use. Maps and answer sheets are available at the Visitor's Center.

Fitness/Obstacle Course

There is a Cub Scout fitness trail/obstacle course available for your unit's use. Leaders must be present to supervise use. This course is designed for Cub Scout-sized children; larger Scouts should not be using this area.

Fort

The Cub World Fort is open during the day for your unit's use. Please insure proper supervision over your scouts.

Ship

The upper decks of the ship are open for your unit's use.

Hiking/Religious Services

Hiking

Alpine's *Red Dot Trail* runs around the perimeter of the camp. The Trail is approximately four miles long and consists of varying terrain. Maps and a trail description are available at the Visitor's Center for your use.

The Palisades Interstate Park, which is located adjacent to the Alpine Scout Camp overlooking the Hudson River, offers outstanding hiking. Full day trips over the George Washington Bridge, along the shore trail or on the long path will end at the Alpine Scout Camp. Short day hikes of one to three hours are available as well. For your safety, there is a pedestrian overpass located at the camp entrance that will take you over Route 9W, and a second overpass that will take you over the Palisades Parkway, please insure your scouts utilize these overpasses. Trail maps and information on the Palisades Interstate Park are available at the Alpine Visitor's Center. Be sure to ask about the Women's Federation "*Castle*", "*Peanut Leap Waterfall*," and the "*Giant Stairs*." Please note that the Park closes at dusk; plan your hike accordingly. For planning purposes you should allow 20 minutes to hike each mile.

Religious Services

Remember the twelfth point of the Scout Law: "A Scout is Reverent." On occasion a Catholic Mass and/or non-denominational services will be held at the camp. On weekends that services are not offered, there are many local houses of worship that will welcome Scouts from the camp. Below is a partial list; please ask at the Visitor's Center for travel directions and service times.

Presbyterian	Presbyterian Church of Norwood Norwood, NJ 201-768-2223
Roman Catholic	St. Mary's RC Church Closter, NJ 201-768-7565
Jewish	Temple Beth El Closter, NJ 201-768-5112
Methodist	Alpine Community Church Alpine, NJ 201-768-2572
Baptist	Demarest Baptist Church ABC Demarest, NJ 201-768-1073

Many other houses of worship are available in the area. Please contact the Ranger at the Visitor's Center for more information.